

Dr Mirela Spînu

Graduated in **1986** from the *Faculty of Medicine and Pharmacy in Iași*, Department of General Medicine, she completed the recognition of her Romanian medical degree at the *University of Milan* (1990–1991). She subsequently pursued specialist training in **Cardiology (1991–1995)** at the *University of Milan, Monzino Cardiology Center*, one of Italy's leading cardiovascular institutions.

Since **1995**, she has been practicing as a **cardiologist in Milan**, bringing over **three decades of clinical experience** in the diagnosis and management of cardiovascular diseases.

Her primary areas of professional focus include **heart failure, arterial hypertension, cardiac arrhythmias, and ischemic heart disease**, with a sustained commitment to evidence-based, patient-centered cardiovascular care.

Alongside her medical career, she has cultivated advanced training in **classical vocal performance**, having studied at the *Conservatory of Iași* and undertaken further specialization in **Weimar and Bayreuth, Germany**. As a soprano, she has performed internationally across Europe and the Americas.

She is the mother of three children.