

Simona Luciana Budui, MD, PhD

Physician – Nutritional Rehabilitation & Clinical Research

Dr. Simona Luciana Budui is a physician currently practicing in the **Nutritional Rehabilitation Unit at Solatrix Clinic, Rovereto (Italy)**, a position she has held since 2015 . Her clinical activity focuses on multidisciplinary inpatient management of obesity and metabolic disorders.

She holds a **PhD in Internal Medicine and Experimental Pathology** from the **University of Verona** (2009–2011), with research on experimental autoimmune encephalomyelitis . Her scientific background includes research fellowships in **neuroimmunology and adipose tissue inflammation**, supported by international grants such as the *Multiple Sclerosis International Federation (MSIF) Fellowship* and participation in ERC-funded projects .

Between 2013 and 2015, she conducted research at the **Geriatric Clinic, AOUI Borgo Trento (Verona)**, investigating the role of adipose tissue inflammation in colorectal cancer .

Dr. Budui graduated in Medicine and Surgery from the **Carol Davila University of Medicine and Pharmacy, Bucharest**, in 2007 .

Her scientific production includes peer-reviewed publications in the fields of **sarcopenia, ectopic fat, adipose tissue biology, obesity rehabilitation, and metabolic inflammation**, as well as numerous presentations at European Congresses on Obesity and national scientific meetings .

Her professional interests focus on **obesity management, metabolic rehabilitation, inflammation-related mechanisms in chronic disease, and multidisciplinary approaches to lifestyle intervention**.