

March 2026

RoMeDi First Newsletter

Dear colleagues,

I am writing to you with excitement but deep sense of respect to mark a beginning. The Society of the Medical Romanian Diaspora (RoMeDi.org) was created from a genuine need: to reconnect beyond borders, systems, and formal roles, within a professional space that is safe, open, and alive.

Over the last few decades, Romanian-trained medical professionals have made meaningful contributions to healthcare systems across Europe and around the world. Many of us have built solid clinical and academic careers in different settings, yet we share something essential: the desire to care, to contribute, and to remain connected—as professionals and as people. RoMeDi platform aims to offer a collegial, structured framework in which this dialogue can grow and endure.

Our mission

The Society is guided by professionalism, transparency, inclusiveness, and long-term responsibility. The initiative is open to physicians and to all professionals who contribute to healthcare—nurses, pharmacists, physiotherapists, psychologists, researchers, and specialists in technology, education, or health policy. We believe every perspective matters.

Objectives

Our work focuses on three clear directions:

- **Connecting Romanian medical professionals in the diaspora**, transforming professional isolation into meaningful collaboration.
- **Health education for Romanian communities abroad**, by providing trustworthy medical information in Romanian, adapted to local and cultural contexts.
- **Maintaining and strengthening professional bridges with Romania's medical and academic system**, through knowledge exchange and joint initiatives.

Ongoing projects

- **Mentorship program for medical students and residents in Romania** – we are working to bring together existing initiatives into a coherent framework that supports both access to clinical training opportunities and authentic human connections with mentors willing to share their professional experience and personal career paths.

- **Institutional partnerships** – we are developing bidirectional collaborations with the universities that trained us and laid the foundation for our medical education, in order to support shared projects and mutual learning.
- **Health education for the diaspora** – we are preparing the launch of a health promotion and preventive education platform tailored to the specific needs of Romanian communities abroad, engaging Romanian specialists from the diaspora and encouraging direct dialogue with the audience.

The community we envision

We imagine a **vibrant, open community**, where ideas circulate freely—without judgment, but with curiosity and respect. A space where anyone with a project idea is heard and, whenever possible, supported in bringing it to life. Where we recognize and celebrate successes, but we all pitch in to help when it gets tough.

Why we do this

Our fundamental motivation is simple, and the same that made us choose our profession: **to support Romanian patients in our communities**. Through the exchange of ideas, experience, and good practices, we believe we can help communities respond more effectively to real needs, in ways that are culturally and locally appropriate.

How you can get involved

If this initiative resonates with you, there are several easy ways to take part:

- complete the **membership registration form** on the RoMeDi platform;
- connect with us on **Facebook** and **LinkedIn**;
- join our **monthly welcome and meet-and-connect sessions** for new members;
- tell your colleagues about RoMeDi—communities grow through people.

This is only the beginning. RoMeDi is not a finished project, but one that will be shaped over time, together with you. I warmly invite you to stay connected and to explore where our shared efforts may lead.

With friendship and appreciation,

Raluca

Dr. Raluca I. Cascaval,

Co-founder and President, Society of Medical Romanian Diaspora